

CORPORATE SERVICES

CORPORATE MEMBERSHIPS

Covers the enrollment fee for current and future employees. Lowering the start-up costs for employees is an effective way to encourage them to start an exercise program.

Start-up fee \$2500

Annual maintenance fee \$ 500

COMMUNITY HEALTH ALLIANCE BENEFIT

Employees with health insurance through Community Health Alliance (CHA) are eligible for \$100 off the initial start-up fee and 10% off personal training and massage services.



TEAM WORKOUTS

Certified instructors from Beacon Health & Fitness host a group workout for your employees once a week at your location or one of ours. Choose from a variety of classes including GRIT, stretch, yoga, Pilates, strength and more.

\$75/week, 4 week minimum

CHAIR MASSAGE

\$75/hour per therapist, 4 hour minimum

WELLNESS COACHING

Wellness coaches help participants cross the bridge between where they are today and where they want to be tomorrow. During this 12-week program, a blueprint of realistic goals is created to harness strengths and overcome obstacles. With expert guidance from the wellness coach, each participant will design a future full of vitality, well-being, and resistance with a positive and optimistic state of mind.

\$400/employee

And let us connect you to so much more with **Well-Being Solutions**

- well-being programs
- CPR training
- biometric screenings
- safety seminars
- educational seminars
- immunizations & flu vaccinations
- health fairs
- compliance regulations

